

Apple Cranberry Salad Toss

Rating: ★★★★★

Makes: 8 servings

Ingredients

1 head of lettuce (about 10 cups)
2 apple (medium, sliced)
1/2 cup walnuts (chopped)
1 cup dried cranberries
1/2 cup green onion (sliced)
3/4 cup vinaigrette dressing

Directions

1. Toss lettuce, apples, walnuts, cranberries, and onions in large bowl.
2. Add dressing; toss to coat. Serve immediately.

Nutrition Information

Key Nutrients	Amount	% Daily Value
Total Calories	140	
Total Fat	5 g	8%
Protein	2 g	
Carbohydrates	24 g	8%
Dietary Fiber	3 g	12%
Saturated Fat	0 g	0%
Sodium	10 mg	0%